



# ANTI-SMOKING POLICY

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ADOPTION: February 23, 2024

RESOLUTION: Executive Committee Meeting

## 1. OBJECTIVES

The purpose of this Policy of the private non-subsidized college Cestar College, LaSalle Campus, is to create a smoke-free work and study environment. Cestar College, LaSalle Campus aims to promote non-smoking while encouraging smoking cessation among students, teachers, and staff of the institution.

## 2. REFERENCE FRAMEWORK

Under the Tobacco Control Act, L.R.Q. c. L-6.2<sup>1</sup>, all college and university educational institutions were required, by November 26, 2017, to adopt a tobacco control policy aimed at creating smoke-free environments. In doing so, institutions must consider the guidelines communicated by the Ministry of Health and Social Services.

## 3. DEFINITION

This Policy applies to any person present on the premises of Cestar College, LaSalle Campus.

## 4. PROHIBITED ACTS

In order to provide a smoke-free work and study environment, it is prohibited to smoke tobacco, smoke any type of tobacco-derived product, cannabis, or use any device generating vapor intended to be inhaled by the user (electronic cigarette) in all indoor spaces belonging to Cestar College, LaSalle Campus (including classrooms, offices, lounge areas, kitchen, and restrooms).

No tobacco products, cannabis products, or electronic cigarettes may be sold or advertised on the campus of Cestar College, LaSalle Campus at any time. Any product containing tobacco, electronic cigarettes, or any other device of this nature used orally to inhale any substance containing or not containing nicotine, including their components and accessories, is considered tobacco. Cannabis includes any product containing cannabis,

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<sup>1</sup> <https://www.legisquebec.gouv.qc.ca/fr/document/lc/l-6.2>



electronic vaping devices, or any similar device used orally to inhale cannabis and its derivatives.

It is prohibited to accept any donation or funding (including research funds) from the tobacco industry.

## 5. ROLES AND RESPONSIBILITIES

### Policy Responsibility

- 5.1 The Executive Committee is responsible for this Policy.
- 5.2 In this capacity, the Executive Committee is responsible for the implementation of this Policy, including the coordination of any activities related to its application.
- 5.3 The Human Resources Department, Administration, and Communications Department collaborate in the implementation of the Policy.

### Implementation of the Policy

- 5.4 The Administration ensures compliance with this Policy.
- 5.5 Any person who believes that a violation of this Policy has occurred may report the situation to the Administration.
- 5.6 The Administration establishes monitoring mechanisms and manages complaints related to this Policy.
- 5.7 Cestar College, LaSalle Campus reserves the right to apply administrative or disciplinary measures in the event of non-compliance with this Policy.

## 6. MEASURES TO SUPPORT SMOKING CESSATION

6.1 Cestar College, LaSalle Campus promotes, through an email sent to all students following the orientation session, programs and services encouraging smoking cessation, maintaining updated information in order to support students, teachers, and staff in quitting smoking. For example:

- The 'j'Arrête' telephone service: 1-866-JARRETE (1-866-527-7383)
- The j'Arrête website
- The 'Défi J'Arrête, j'y gagne!' challenge
- Quebec Health and Social Services
- Info-tabac.ca
- Télé-Québec



- Quit Smoking – Health Canada
- Quebec Council on Tobacco and Health
- Smoking and Tobacco – Canadian Cancer Society, Quebec Division
- Text Messaging Service to Quit Smoking (SMAT) – Canadian Cancer Society

## **7. ACCOUNTABILITY**

The Director General must, every two (2) years, report to the Board of Directors of Cestar College, LaSalle Campus on the implementation of this Policy. Cestar College, LaSalle Campus submits this report to the Minister of Health and Social Services within 60 days of its submission to the Board of Directors.

## **8. COMING INTO FORCE**

This Policy comes into force on February 23, 2024.